

Prep Camp Week 3 July 30 - Aug 4th
 Arena 1 = Coulson, Arena 2 - Weyerhaeuser
 Friday through Wednesday

	Team 1&2 Bantam	Team 3&4 Juniors	Team 5&6 Juniors	Team 7 & 8 Pee Wee Camp	Referee Camp
7:00	black/grey	red/blue	orange/green	blue/grey	
7:15					Breakfast
7:30	Breakfast	Breakfast	Breakfast		
7:45					
8:00					Class Room
8:15					
8:30	On Ice (A1)		Dry Land		
8:45		On Ice (A2)			
9:00				Dry Land	
9:15					
9:30					
9:45	Ice Clean				Dry Land
10:00		Ice Clean	On Ice (A1)		
10:15					
10:30				On Ice (A2)	
10:45	Dry Land				
11:00		Dry Land			
11:15			Ice Clean		
11:30					On Ice (A1)
11:45				Ice Clean	
12:00	Lunch				
12:15		Lunch			
12:30			Lunch		Ice Clean
12:45				Lunch	
1:00					Lunch
1:15					
1:30					
1:45	On Ice (A1)		Dry Land		
2:00	Game Friday	On Ice (A2)		Dry Land	Class Room
2:15	Sunday, Tuesday	Game Friday			
2:30		Sunday, Tuesday			
2:45					
3:00	Ice Clean				
3:15		Ice Clean	On Ice (A1)		
3:30			Game Friday	On Ice (A2)	Dry Land
3:45			Sunday, Tuesday		
4:00	Dry Land				
4:15		Dry Land			
4:30			Ice Clean		
4:45				Ice Clean	
5:00					On Ice (A2)
5:15					
5:30	Dinner	Dinner			
5:45					
6:00			Dinner		Ice Clean
6:15					
6:30					Dinner
6:45					
7:00	Goaltenders				
7:15	Saturday, Monday, Wednesday 6:45-7:45PM & 8 - 9PM (Sat. in A1, Rest in A2)				
7:30					
7:45					
8:00					
8:15					
8:30					
8:45					
9:00					
9:15	snacks are available in kitchen: kitchen is closed at 9:45PM				

Prep Camp Week 3 - Thursday only

	Thursday Team 1&2 Bantam	Team 3&4 Juniors	Team 5&6 Juniors	Team 7 & 8 Pee Wee Camp	Referee Camp
7:00	Breakfast	Breakfast	Breakfast		Breakfast
7:15					
7:30					
7:45					
8:00	On Ice (A2)				Classroom
8:15		On Ice (A1)	Fitness Seminar	Fitness Seminar	
8:30					
8:45					
9:00					
9:15	Ice Clean				
9:30		Ice Clean	On Ice (A1)		
9:45			Game	On Ice (A1)	
10:00				Game	
10:15	Fitness Seminar	Fitness Seminar			
10:30					
10:45			Ice Clean		
11:00				Ice Clean	
11:15					
11:30	Lunch	Lunch			
11:45			Lunch	Lunch	Lunch
12:00					
12:15					
12:30					
12:45	On Ice (A2)				Officiate Games
1:00	Game	On Ice (A1)		Dryland	
1:15		Game			
1:30					
1:45					
2:00	Ice Clean				
2:15		Ice Clean	On Ice (A2)		
2:30			Game	On Ice (A1)	
2:45				Game	
3:00					
3:15					
3:30			Ice Clean		
3:45				Ice Clean	
4:00					
4:15					
4:30					
4:45					
5:00					
5:15	Dinner	Dinner	Dinner		
5:30					
5:45					
6:00					

- Team # 1 use Dressing Room # 5
- Team # 2 use Dressing Room # 6
- Team # 3 use Dressing Room # 1
- Team # 4 use Dressing Room # 2
- Team # 5 use Dressing Room # 3
- Team # 6 use Dressing Room # 4